

One Quarter at a Time

The ever-growing bucket list - that's the story of everyone's life. Vikaas Sachdeva, CEO, Emkay Investment Managers, found a way out. "I dedicate each quarter to accomplish a thing. It could be learning skills such as playing guitar, lawn tennis, table tennis or tasks such as getting investments and taxes right or finishing books on my shelf," he says. For two quarters in a row, he resolved to complete as many National Institute of Securities Markets courses as possible. "I wrote at least 10 exams and was the oldest person in the exam hall." Now Sachdeva is running marathons. "Three days a week are for running, another three for weight-lifting and one day for yoga," he says.

His bucket list has one permanent fixture. Sachdeva loves watching sports live. "I don't get much time with my son. We have watched the French Open at Paris. In 2018, we went for the Jakarta Asian Games. We plan to attend the Tokyo Olympics this year," he says. "I also want to expand my expertise on acupressure."

— APRAJITA SHARMA

